

1934

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

NEW YORK CITY



THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE STATE BOARD OF REGENTS
OF THE STATE OF NEW YORK



Announcement



No. 5 EAST 98TH STREET
NEW YORK CITY

1934



Fifth Avenue Front Showing at Left Semi-Private Pavilion Just Completed

TABLE OF CONTENTS

	PAGE
Officers and Directors of School of Nursing	6
Medical Lecturers Staff.....	7
Officers of Administration and Instruction.....	9
History of Hospital and Its Clinical Resources	19
Description of New Building and General Statement.....	20
Scholarships and Special Endowment Funds	23
Requirements for Admission and Graduation	27
Health Program and Social Activities	37
Educational Facilities and Curriculum	41
Clinical Experience and Instruction.....	60
Advantages Peculiar to the Profession of Nursing	62
Alumnae Association	63
Special Advice to Candidates.....	64



School of Nursing—Front View



Rear of School of Nursing Showing Tennis Courts

THE MOUNT SINAI HOSPITAL

OFFICERS AND DIRECTORS OF THE MOUNT SINAI
HOSPITAL SCHOOL OF NURSING

HUGO BLUMENTHAL	<i>President</i>
CHARLES A. WIMPFHEIMER ..	<i>Vice-President</i>
W. D. SCHOLLE	<i>Treasurer</i>
EDWIN M. BEROLZHEIMER ..	<i>Secretary</i>

DIRECTORS

GEORGE BLUMENTHAL	ERNST ROSENFELD
WALDEMAR KOPS	EDWIN M. BEROLZHEIMER
HUGO BLUMENTHAL	W. D. SCHOLLE
CHARLES A. WIMPFHEIMER	ALBERT STERN
ALFRED L. ROSE	PAUL M. ROSENTHAL

MEDICAL COMMITTEE

RICHARD LEWISOHN, M.D., <i>Chairman</i>	
BELA SCHICK, M.D.	HARRY WESSLER, M.D.

PHYSICIANS TO THE SCHOOL

HARRY WESSLER, M.D., <i>Consultant</i>	
FREDERIC D. ZEMAN, M.D.	BENJAMIN ELIASOPH, M.D.

SURGEON TO THE SCHOOL

PERCY KLINGENSTEIN, M.D.

DIRECTOR OF THE HOSPITAL

JOSEPH TURNER, M.D.

PRINCIPAL OF THE SCHOOL OF NURSING AND
SUPERINTENDENT OF NURSES

ELIZABETH A. GREENER, R.N.

SCHOOL OF NURSING

SPECIAL LECTURERS TO THE
SCHOOL OF NURSING

<i>Lecturer</i>	<i>Subject</i>
<i>Medicine</i>	HARRY WESSLER, M.D. BENJAMIN ELIASOPH, M.D. ELMER GAIS, M.D.
<i>Surgery</i>	RICHARD LEWISOHN, M.D. LEO EDELMAN, M.D. ARTHUR TOUROFF, M.D.
<i>Gynecology</i>	JULES SALMON, M.D.
<i>Psychiatry and Mental Hygiene</i>	IRA S. WILE, M.D. SAMUEL ORGEL, M.D. P. GOOLKER, M.D.
<i>Pediatrics</i>	BELA SCHICK, M.D. BERNARD DENZER, M.D. SAMUEL KARELITZ, M.D. JEROME KOHN, M.D.
<i>Contagion</i>	HENRY W. BERG, M.D.
<i>Larungology</i>	RUDOLPH KRAMER, M.D. IRVING B. GOLDMAN, M.D.
<i>Otology</i>	ISIDORE FRIESNER, M.D. SAMUEL ROSEN, M.D.
<i>Ophthalmology</i>	KAUFMAN SCHLIVEK, M.D.
<i>Dermatology</i>	ISADORE ROSEN, M.D. MAX SCHEER, M.D.
<i>Public Health</i>	JOHN OBERWAGER, M.D.



Recreation and Assembly Hall

Tongue Point
1907

OFFICERS OF ADMINISTRATION AND INSTRUCTION

ELIZABETH A. GREENER, R.N.

Principal of the School of Nursing; Superintendent of Nurses.

Diploma, The New York City Hospital School of Nursing, 1902; Certificate, Postgraduate work, Operating Room, The New York City Hospital; Resident Nurse, The Worcester Academy, Worcester, Mass., 1902-1903; Assistant Superintendent of Nurses, The New York City Hospital School of Nursing, 1903-1908; Superintendent of Hackley Hospital and Principal of The School of Nursing, Muskegon, Mich., 1908-1914; Principal of The Mount Sinai Hospital School of Nursing and Superintendent of Nurses, 1914—. Decoration, French Government, Medaille d'Honneur de l'Hygiene, 1927.

MARY P. BROWN, R.N.

Assistant Superintendent of Nurses.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1919; Diploma, Manhattan Maternity, New York City, 1918; Head Nurse, The Mount Sinai Hospital, New York City, 1920-1921; Supervisor, Medical Pavilion, The Mount Sinai Hospital, New York City, 1921-1922; Instructor, The Mount Sinai Hospital School of Nursing, 1922-1925; Assistant Superintendent of Nurses, The Mount Sinai Hospital, 1925—.

CLARA M. CASEY, B.S., R.N.

Assistant Principal of the School of Nursing.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1927; Diploma, Bachelor of Science, Teachers College Columbia University, New York City, 1931; Assistant Instructor Nursing Procedures, The Mount Sinai Hospital School of Nursing, 1927-1929; Teaching Supervisor, 1931-1932; Assistant Principal, The Mount Sinai Hospital School of Nursing, New York City, 1932—.

LILIAN LEESON, A.B., R.N.

Educational Director.

Albion College, Albion, Mich., 1916-1918; Diploma, Farrand Training School, Harper Hospital, Detroit, Mich., 1921; Principal, School of Nursing, Bronson Hospital, Kalamazoo, Mich., 1921-1924; A. B., University of Michigan, 1925; Educational Director, White Cross Hospital, Columbus, Ohio, 1925-1927; Instructor Nursing, Grand Rapids Junior College, Grand Rapids, Mich., 1927-1932; Educational Director, The Mount Sinai Hospital School of Nursing, New York City, 1932—.

MARY BEERS PURSLEY, R.N.

Instructor of Nursing Procedures.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1922; Student, Teachers College, New York City, 1923-1924; Assistant

THE MOUNT SINAI HOSPITAL

Instructor Nursing Procedures, The Mount Sinai Hospital School of Nursing, 1922-1923; Instructor in Theory and Practice, Cumberland Hospital, Brooklyn, N. Y., 1923-1925; Atlantic City Hospital, 1925-1927; Private Duty, Three Years; Instructor, Nursing Procedures, The Mount Sinai Hospital School of Nursing 1932—.

ADELINE WOOD, B.S.

Supervisor of Dietetics.

B.S., University of Illinois, 1916; Dietitian, St. Luke's Hospital, Chicago, Ill. 1917-1919; Dietitian, University Hospital, Omaha, Nebr., 1920; Dietitian, Walter Reed Hospital, Washington, D. C., 1921; Lunch Manager, Schrafft's, New York City, 1922-1925; Supervisor of Dietetics, The Mount Sinai Hospital, New York City, 1925—.

MARY JANE HENDERSON, B.S.

Assistant Instructor of Dietetics.

B.S., Syracuse University, 1929; Post Graduate Course for Dietitians, Albany Hospital, Albany, N. Y., 1929-1930; Assistant Instructor of Dietetics, The Mount Sinai Hospital School of Nursing, New York City, 1930—.

MAY M. SLATER, R.N.

Supervisor, Out-Patient Department.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1906; Head Nurse, The Mount Sinai Hospital, New York City, 1906-1908; Night Supervisor, The Mount Sinai Hospital, New York City, 1908-1910; Student, Teachers College, New York City, 1910-1911; Instructor and Assistant Superintendent of Nurses, Lebanon Hospital, Lebanon, N. Y., 1911-1912; Supervisor, Out-Patient Department, The Mount Sinai Hospital, New York City, 1913—.

NELLIE PORTER, R.N.

Supervisor and Instructor, Operating Rooms.

Diploma, Peter Bent Brigham Hospital School of Nursing, Boston, Mass., 1919; Diploma, New York Nursery and Child's Hospital, New York City, 1919; Head Nurse, Peter Bent Brigham Hospital, Boston, Mass., 1919-1920; Night Supervisor, Peter Bent Brigham Hospital, 1920-1921; Day Supervisor, Peter Bent Brigham Hospital, 1921-1922; Private Duty, 1922-1924; Operating Room Supervisor, Peter Bent Brigham Hospital, 1924-1927; Assistant Superintendent, Cambridge Hospital, Cambridge, Mass., 1927-1928; Supervisor and Instructor, Operating Rooms, The Mount Sinai Hospital, New York City, 1928—.

MARY R. ERWIN, R.N.

Supervisor, Private Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1909; Head Nurse, The Mount Sinai Hospital, 1914-1915; Supervisor

SCHOOL OF NURSING

and Instructor in Operating Room Technique. The Mount Sinai Hospital, 1915-1917; Supervisor, Private Pavilion, The Mount Sinai Hospital, 1919—.

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1916; Diploma, Sloane Hospital for Women, New York City, 1915; Head Nurse, Surgical Pavilion, The Mount Sinai Hospital, New York City, 1917-1919; Supervisor, Surgical Pavilion, The Mount Sinai Hospital, 1919-1931; Supervisor, Semi-private Pavilion, The Mount Sinai Hospital, 1931—.

CORA BALL, R.N.

Supervisor, Pediatric Pavilion; Assistant Instructor in Pediatrics.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1914; Diploma, Lying-in Hospital, New York City, 1913; Assistant Head Nurse, Night, The Mount Sinai Hospital, New York City, 1914-1916; Supervisor, Pediatric Department, The Mount Sinai Hospital, 1916-1917; Overseas, The Mount Sinai Hospital Unit, 1917-1919; Supervisor, Pediatric Department, The Mount Sinai Hospital, and Assistant Instructor in Pediatrics, The Mount Sinai Hospital School of Nursing, New York City, 1919—.

MARY CRYER, R.N.

Supervisor, Surgical Pavilion

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1925; Private Duty, 1926-1928; Social Service, 1928-1930; Private Duty, 1930-1932; Supervisor, Surgical Pavilion, The Mount Sinai Hospital, 1932—.

RUTH GOEBEL, R.N.

Supervisor, Medical Pavilion

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1931; Operating Room, Private Pavilion, 1931-1933; Supervisor, Medical Pavilion, 1933—.

MARGARET LUNDY, R.N.

Night Supervisor.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1917; Operating Room, Night, 1917-1918; Private Duty Nursing, 1918-1920; Office Nursing, 1920-1921; Mental Nursing, 1921-1924; Supervisor, Operating Rooms, 1925-1928; Private Duty Nursing, 1929-1931; Night Supervisor, The Mount Sinai Hospital, 1931—.



Main Foyer—Nurses' Home

SCHOOL OF NURSING

FANNIE LISSAUER MENDELSON, B.S., R.N.

Director of Social Service.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1913; B.S., Columbia University, New York City, 1918; Social Service Worker, The Mount Sinai Hospital, 1920-1922; Assistant to Executive Secretary, The Hospital Social Service Association, 1922-1923; Director of Social Service, The Mount Sinai Hospital, 1923—.

MARION CROZIER, A.B., A.M.

Director, Physical Education and Social Activities.

A.B., Smith College, 1910; A.M., Columbia University, New York City, 1927; Graduate Student, Department of Hygiene and Physical Education, Wellesley College, 1918-1919; Director, Physical Education and Social Activities, The Mount Sinai Hospital School of Nursing, New York City, 1928—.

ELSIE E. FLOYD, R.N.

Instructor in Science.

Diploma, Massachusetts General Hospital, Boston, Mass., 1923; Diploma, Wesson Maternity Hospital, Springfield, Mass., 1923; Private Duty, Boston, Mass., 1923-1924; Practical Instructor, Bridgeport Hospital School of Nursing, Bridgeport, Conn., 1924-1926; Science Instructor, North Adams Hospital, North Adams, Mass., 1926-1929; Simmons College Summer Session, Boston, Mass., 1927; Student, Teachers College, Columbia University, New York City, 1929; Science Instructor, The Mount Sinai Hospital School of Nursing, New York City, 1930—.

IRENE B. WATT, B.S., R.N.

Instructor in Science

Diploma, Hinsdale Sanitarium and Hospital, Chicago, Ill., 1911; Director of Nursing Service, McMinnville, Infirmary, Tenn., 1912-1918; Superintendent of Nurses, Florida Sanitarium and Hospital, Orlando, Fla., 1919-1922; Superintendent of Nurses, New England Sanitarium and Hospital, Melrose, Mass., 1922-1925; Student, Teachers College, 1921, 1925, 1926, 1931; Student, Western Reserve University, 1927-1928; Instructor, Orange County General Hospital, Orlando Fla., 1928-1931; Instructor in Science, The Mount Sinai Hospital School of Nursing, 1931—.

MINNIE STRUTHERS, R.N.

Assistant Instructor in Nursing Procedures.

Diploma, Oak Hill Normal School for Teachers, 1916; Teacher, Grade School, Oak Hill, W. Va., 1916-20; Teacher, Grade School, Tarentum, Pa., 1920-1929; Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1932; Assistant Instructor, Nursing Procedures, The Mount Sinai Hospital, 1932—.



Entrance to Student Nurses' Dining Room

SCHOOL OF NURSING

MARY GLADYS STALLWORTH, R.N.

Assistant Instructor in Nursing Procedures.

Summer Courses, Bessie Tift College, Forsythe, Ga., 1921; Courses, Asheville Normal School, Asheville, N. C., 1927-1928; Teacher, Grade Schools, Griffin, Ga., 1924-1930; Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1934; Assistant Instructor in Nursing Procedures, The Mount Sinai Hospital, 1934—.

ELIZABETH CLANTON, R.N.

Ward Instructor.

Diploma, Teachers' College, East Radford, Va., 1925; Teacher, Primary Grades, Bassett, Va., 1925-1926, and Stuart, Va., 1926-1927; Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1931; Head Nurse, Mount Sinai Hospital, 1931-1932; Student, Teachers College, New York City, 1932—; Assistant Instructor Nursing Procedures, 1932-1933; The Mount Sinai Hospital School of Nursing, New York City, Ward Instructor, 1933—.

CLARE SKALING, R.N.

Ward Instructor.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1930; Head Nurse, The Mount Sinai Hospital, 1931-1933; Student, Teachers College, New York City, 1932—; Assistant Instructor Nursing Procedures, 1933; Ward Instructor, The Mount Sinai Hospital School of Nursing, 1933—.

MARGARET BOYER, Ph.B.

Instructor in Massage.

Ph.B., Denison University, Denison, Ohio, 1915; Instructor, Public Schools, Bethel Township, Pa., 1916-1917; Diploma, New York City Hospital, 1920; Instructor, Henry St. Settlement, 1921; Diploma, New York School of Physiotherapy, 1923; Instructor, Massage, The Mount Sinai Hospital School of Nursing, New York City, 1928—.

ELSIE S. K. JOHNSON, R.N.

Supervisor, Private Operating Rooms.

Diploma, Peter Bent Brigham Hospital, Boston, Mass., 1923; Assistant Supervisor, Operating Room, Peter Bent Brigham Hospital, 1923-1925; Supervisor, Operating Room, St. John's Riverside Hospital, Yonkers, N. Y., 1925-1926; Hackensack Hospital, Hackensack, N. J., 1926-1928; Supervisor, Private Operating Room, The Mount Sinai Hospital, New York City, 1928—.

PATIENCE EARNEST, R.N.

Night Supervisor, Private Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1925; Head Nurse, The Mount Sinai Hospital, 1925-1926; Night Supervisor, Private Pavilion, The Mount Sinai Hospital, 1926—.

THE MOUNT SINAI HOSPITAL

HEAD NURSES—MEDICAL

ANN DURKIN, R.N.
ELIZABETH DEWIS, R.N.
RUTH SPINK, R.N.
FRANCES ILER, R.N.

ELIZABETH KEOGH, R.N.
AGNES DOMEIKA, R.N.
MAUDE STEPHENS, R.N.
HAZEL CALDWELL, R.N.

HEAD NURSES—SURGICAL

VELMA COLE, R.N.
DAISY HAYMAN, R.N.
HELEN BOEHACK, R.N.
DOROTHY DAUBERT, R.N.
ELIZABETH PIDDINGTON, R.N.

KATHLEEN BETHEL, R.N.
GENEVIEVE GOODWIN, R.N.
HAZEL WARNER, R.N.
HELEN PENHALE, R.N.
HELEN HAWKINS, R.N.

HEAD NURSES—PEDIATRIC

MARJORIE CORKISH, R.N.
GERALDINE WENDELL, R.N.
MARIE ROWLEY, R.N.

ERNA HELLER, R.N.
ANNE GRIFFIN, R.N.
MABEL LOCHMILLER, R.N.

HEAD NURSES—PRIVATE PAVILION

AMY MENDELS, R.N.
DOROTHY MELLOWS, R.N.
GRACE STARLING, R.N.
IRENE MCMAHON, R.N.
MAY FRENCH, R.N.
DELIA LARocca, R.N.

RUTH REICHEL, R.N.
AUNE REIF, R.N.
THELMA MYERS, R.N.
BERNICE CHRISTENSEN, R.N.
MARY HILL, R.N.
EVA MCKENNA, R.N.

HEAD NURSES—SEMI-PRIVATE PAVILION

DOROTHY HYDE, R.N.
MADELINE L. TISCH, R.N.
ANNE LUALLIN, R.N.
DOROTHY DUNKLEBERGER, R.N.
MATHILDE REICH, R.N.

ANNA B. IRONS, R.N.
GRACE RICHMOND, R.N.
MARY GAMBLE, R.N.
GRETA ALLEN, R.N.
LORRAINE HIGGINS, R.N.

OPERATING ROOM ASSISTANTS

ANNE OCHS, R.N.
RUTH BARTHEL, R.N.
RUTH BROWN, R.N.
LAURA COOK, R.N.
HELEN STINE, R.N.
ANNE HARRISON, R.N.
LENA LEVINE, R.N.

ADARIAN RORICK, R.N.
MARGARET HALPIN, R.N.
MARY MACISAAC, R.N.
LINNEA NORMAN, R.N.
THERESA DOMENIC, R.N.
CATHRYN MOLCHAN, R.N.
RUTHEILEEN ELLIOTT, R.N.

SCHOOL OF NURSING

HEAD NURSES—OUT-PATIENT DEPARTMENT

ROSE CROOG, R.N.
MARGARET POULTON, R.N.
ANNA LITTLE, R.N.
BERNICE MENDELS, R.N.

SARA CORWIN, R.N.
ALICE WOOD, R.N.
MILDRED ROSENBLUTH, R.N.
HELEN TINGLEY, R.N.

SPECIAL DEPARTMENTS

HELEN MOSIER, R.N. *Radiology*
LUCY SCHOLVIEN, *Radiotherapy*
GENEVIEVE TODD, R.N. *Physiotherapy*
ANNE KOCH, R.N. *Central Supply Room*

ASSISTANTS IN OFFICE OF SCHOOL OF NURSING

IDA TAYLOR, *Secretary to Principal of School of Nursing.*
ALICE WEEKS, R.N., *Assistant on Records.*
MAE DALY, *Registrar.*
OLGA ALLERS, *Assistant Registrar.*
STELLA MACDONALD, *Clerical Assistant.*
MABEL LARSON, *Stenographer.*
MARION VON AHNEN, *Secretary, Educational Department.*
JANE BEAIRSTO, *Information Desk.*
ANNE SECCOMBE, *Information Desk.*

NURSES' HOME

LILLIE DIXON, *Matron.*

ELIZABETH MURPHY, R.N., *House Mother.*

Diploma, Chicago Homeopathic Hospital, Chicago Ill., 1896.

JEAN DEWART, R.N., *Charge, Nurses' Infirmary.*

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1929.

RUTH CLEMENTS, B.S., *Dietitian.*

B.S., Simpson College, Indianola. Ia., 1924; Instructor Home Economics, Public Schools, Hornick, Ia., 1924-1925; Instructor Home Economics, Public Schools, New York City, 1925-1926; Assistant Dietitian, The Mount Sinai Hospital, New York City, 1926-1929; Dietitian, Nurses' Home, The Mount Sinai Hospital School of Nursing, New York City, 1929—.



Fiction Library

THE MOUNT SINAI HOSPITAL—HISTORY AND CLINICAL RESOURCES

The Mount Sinai Hospital was incorporated in 1852. Its first building was a small private dwelling in 28th Street between 7th and 8th Avenues, which accommodated twenty-eight patients. In 1871, the institution was moved to Lexington Avenue between 67th and 69th Streets, where in a new and larger building two hundred patients were accommodated.

In 1904 the Hospital took possession of its present plant, consisting of ten connected buildings covering the entire block bounded by Madison Avenue, 100th Street, Fifth Avenue, and 101st Street. These buildings, with a capacity of 500 patients, soon proved inadequate. The Hospital accordingly acquired additional adjoining property and on this new site the erection of seven buildings was begun in 1914. Construction was suspended during the war, after the completion of four of these buildings, but was resumed in 1919, and in the spring of 1922 the Hospital opened its new Private Pavilion, Children's Pavilion, and Auditorium.

In 1923 and 1924 the Hospital acquired additional land fronting on Fifth Avenue, 98th and 99th Streets, and on part of the property erected an entirely new school and dormitory building, devoted exclusively to Nursing Education.

Of the eighteen buildings now occupied by the Hospital, two are devoted exclusively to out-patient work, in which more than seven hundred out-patients are cared for daily. Upon the completion of the new Semi-Private Pavilion, opened in 1931, the bed capacity of the Hospital was increased to more than eight hundred. The Children's Pavilion, Private Pavilion and Semi-Private Pavilion rate among the most perfectly appointed of hospital buildings. These, together with the Out-Patient Department, add to the rich and varied clinical material of the wards, all of which is available for the thorough scientific education of the student nurse.

DESCRIPTION OF SCHOOL BUILDING AND GENERAL STATEMENT

The Mount Sinai Hospital School of Nursing, established in 1881 has grown steadily and is today one of the largest and best known schools in the country. In 1905, in accordance with the New York State Law enacted in that year, it was registered by the Board of Regents of the State of New York. The School is now in its fifty-fourth year and has graduated over nineteen hundred nurses.

The school and residence building is one of the finest and most complete units of its kind in the world. The building connects with the Hospital buildings by a tile-lined subway. The corridor connecting the Main Hospital and the Nurses' Home is beautifully tiled, well-lighted and heated and terminates in a commodious lobby facing the passenger elevators. On the corridor level are located the linen and storerooms, trunk room, nurses' laundry, nurses' sewing room and shampoo room. On the ground floor, or the floor next above, are found the kitchen and six dining rooms. The kitchen is fully equipped and entirely independent so that the Nurses' home does not depend on service from the Main Hospital kitchen.

The main floor with its spacious entrance and beautiful marble corridors, its handsome paneled living room and library, assembly hall and small special reception rooms, produces an effect of dignity, elegance and charm. The street entrance opens on a handsome foyer hall finished in French stone. Immediately adjoining the lobby is a reception alcove and opposite this an information desk and office with telephone, switch-board, post office, and buzzer signals to each room.

In the center of the building there is a large hall for informal recreation, dancing, school theatricals and public affairs; this hall is large enough to seat approximately four hundred persons, and has a curtained stage and two small dressing rooms.

Perhaps the most attractive feature of the first floor is the large living room. Like the adjacent library, this is finished

with wood paneling and both rooms are beautifully furnished with luxurious couches, chairs, lamps and hangings.

The second floor of the building is devoted wholly to teaching. There are three lecture rooms, the largest of which seats one hundred and fifty students. The large demonstration room with utility room, linen room and kitchen is equal in size to the large lecture room. There are separate studies for the older and younger nurses, respectively; a teaching room for massage, and a well-equipped laboratory for the teaching of the sciences. A reference library and four offices for instructors complete this floor.

The dormitory floors, the third to the eleventh inclusive, are designed for student nurses. A few of the larger rooms are equipped for double occupancy, but approximately eighty per cent of the capacity of the home is in single rooms. For each nurse there is a built-in wardrobe closet with a section for hanging clothes and an adjoining section containing shelves and sliding drawers. There is a wash basin, medicine cabinet and long mirror in each room. Each dormitory floor has an informal sitting room for general use and a kitchenette.

The fourteenth floor is divided into three separate parts. Over the west wing there is a completely equipped infirmary with accommodations for twelve nurses. Surmounting the center portion of the building is a gymnasium, appropriately designed with a high ceiling and with huge windows to north and south. The east wing of the roof includes covered and uncovered sections from which one may look down on Central Park and across the Hudson to the Palisades or across the East River to Long Island Sound and the marvelous Hell Gate Bridge and Viaduct.

It is the earnest purpose of the school to maintain a standard commensurate with the unusual opportunities it has to offer, and to assist in meeting the demand of the public for a complete and well-rounded education for nurses. It is a recognized fact that properly prepared nurses are an essential factor in the effort of society to deal with important social problems. In the thorough course of study and practical experience offered, adequate preparation is given for any of the many careers now open to the well-trained graduate nurse.



Nurses' Lounge

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

The Training School is unique in its possession of special endowment funds, the interest of which is used for the benefit of the student nurses. In all, these funds represent a capital of over one hundred and eighty thousand dollars, and they indicate in a most substantial manner the deep interest taken in the school by the Board of Directors and its friends.

Albert W. Scholle Memorial Fund \$40,000.00

Founded by William and Frederic Scholle as a tribute to the memory of their father, to provide a vacation and recreation fund for The Mount Sinai Hospital student nurses.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund \$35,000.00

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship to the student of the graduating class chosen for special fitness to advance in the profession of nursing by taking a Post Graduate course in Columbia University. This fund also provides a prize of \$15.00 to each graduating student.

Emil Berolzheimer Memorial Fund \$20,000.00

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer. The income to be used for higher education of students.

Murry Guggenheim Scholarship Fund \$20,000.00

Established in 1905 to provide annually twelve scholarship awards, of One Hundred Dollars each to students who have shown exceptional ability during the year. Six of these scholarships are awarded to the senior class, three to the intermediate class and three to the junior class. The Fund is administered by the Board of the Training School, but the selection of the students to whom prizes are awarded is in the hands of the superintendent of the Training School and her staff.

Jacques D. Wimpfheimer Memorial Fund \$10,000.00

Founded by Charles Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during training may call upon this fund.

Lillie Stern Scholle Pleasure Fund \$9,000.00

Founded by Albert W. Scholle. The income to be used largely to defray the expenses of parties, dances and social gatherings of the students.



Student's Bedroom

SCHOOL OF NURSING

Sick Nurses Fund \$5,000.00

Established by Directors of the School and the Trustees of the Hospital and contributed to by them from time to time, income and principal used to defray the expenses of graduate nurses and students of the school while sick and not confined in The Mount Sinai Hospital.

Mr. and Mrs. Sam S. Steiner Fund \$5,000.00

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner. The income to be used for the relief of needy graduates of the School.

*Carrie M. and Gustav Blumenthal Graduating Class
Prize Fund* \$5,000.00

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors may from time to time deem advisable.

Kalman and Harriet F. Haas Fund \$3,000.00

Founded by Kalman Haas. The income to be used for the general purposes of the School.

Solomon and Betty Loeb Fund \$2,500.00

Founded by Solomon Loeb. Income to provide annual prizes to students.

Carrie Untermeyer Fund \$2,600.00

Founded by Mrs. Carrie Untermeyer. To establish an award of \$100.00 annually to the student graduating who has the best record for kindness and proficiency in actual bedside nursing.

Education Fund \$2,500.00

Founded by Mrs. Berthold Levi in memory of Berthold Levi. The income to be used for higher education of students.

*Mr. and Mrs. Morris Fatman Relief Fund for
Graduate Nurses* \$2,500.00

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Charles A. Wimpfheimer Special Relief Fund \$2,500.00

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the school.

Eugene Meyer, Jr., Library Fund \$2,000.00

Founded by Eugene Meyer, Jr. The income to be used to supply books and magazines for the school library.

THE MOUNT SINAI HOSPITAL

Amy C. and Fred H. Greenebaum Fund\$2,000.00

Established by Mr. and Mrs. Fred H. Greenebaum. Income to be used for an annual award to the most deserving student nurse in any class.

Isabella Freedman Fund\$1,500.00

Established by Mrs. Isabella Freedman. The income to be used for one or two awards to students in the graduating class who have shown marked ability, proficiency, and interest in their work.

Daniel Kops Prize Fund\$1,000.00

Founded by the Employees of the House of Kops in memory of Daniel Kops. The income to be applied to the awarding of a prize to the nurse who holds the best record for bedside nursing and kindness to patients.

Pension Fund of the Mount Sinai Alumnae Association\$200,000.00

Established to provide pensions to nurses after many years of service.

STATISTICAL SUMMARY OF NURSES

Dating from 1911 through 1933

APPROXIMATE DAILY AVERAGES

YEAR	STUDENTS	PROBS.	TOTAL STUDENTS	POST GRAD.	AFFILI- ATES	TOTAL	GRAD- UATES	TOTAL
1911	151	21	172	8	0	180	30	210
1912	152	26	178	12	0	190	30	220
1913	143	24	167	18	0	185	31	216
1914	137	22	159	17	0	176	31	207
1915	150	18	168	17	0	185	32	217
1916	162	16	178	7	7	192	33	225
1917	159	18	177	1	12	190	34	224
1918	156	19	175	0	15	190	30	220
1919	145	16	161	1	8	170	35	205
1920	140	11	151	7	10	168	44	212
1921	121	16	137	3	12	152	52	204
1922	139	22	161	5	13	179	56	235
1923	179	29	208	1	31	240	66	306
1924	212	27	239	0	29	268	64	322
1925	208	28	236	0	25	261	70	331
1926	206	38	244	0	27	271	70	341
1927	211	32	243	0	26	269	62	331
1928	223	38	261	8	20	289	60	349
1929	279	57	336	3	4	343	67	410
1930	308	47	356	0	0	356	73	429
1931	309	40	349	0	0	349	75	424
1932	287	40	327	0	0	327	75	402
1933	264	40	304	0	0	304	96	400

REQUIREMENTS FOR ADMISSION AND GRADUATION

GENERAL DESCRIPTION OF THE COURSE
OF INSTRUCTION OFFERED TO CANDI-
DATES FOR THE DIPLOMA IN NURSING

REQUIREMENTS FOR ADMISSION AND FOR GRADUATION

Applicants for admission to the School must present credentials of graduation from a general academic course in an approved or accredited High School. The selection of applicants is confined to those who rank in the upper half of their High School class. Preference is given to those with college preparation. The High School course of study as prescribed by the New York State Education Department includes:

		UNITS
$7\frac{1}{2}$ UNITS REQUIRED	English, four years.....	3
	Science, two years (including biology or general science and a second science pre- ferably chemistry or applied chemistry)	4
	Mathematics, one year (algebra, general mathematics or commercial arithmetic...	1
	History, one year	1
	Civics, one-half year	$\frac{1}{2}$
$7\frac{1}{2}$ UNITS ELECTIVE	Electives. (It is recommended that at least two courses in home economics be in- cluded and 2 years of a foreign language)	$7\frac{1}{2}$
		15

Students desiring to apply for admission to the course should be between the ages of nineteen and thirty years and must present definite evidence of physical and personal fitness for the work of nursing. Exceptions are made only in favor of unusually well qualified students.

Application

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with applicant is desired. Appointments to meet the Superintendent of Nurses may be made either by letter or by telephone.

A candidate making application by letter is requested to send a recent photograph with her credentials.

No decision can be reached as to the eligibility of any student until all required credentials have been completed and forwarded to the School. Those candidates who appear to be the best qualified are naturally given preference.

Detailed information concerning uniforms and other necessary equipment is forwarded to applicants after they are accepted for admission.

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Dates of Admission

Classes are admitted twice during the year, February the first and September the first. Candidates are expected to report promptly on the date assigned.

Credit for College Work

Applicants who have been graduated from approved colleges for women and who have included in their course of study the basic sciences relating to nursing education may complete their course in two years and three months provided their general average is Grade A.

Four basic sciences should be represented in some form in the previous college work and are as follows: biology, chemistry, sociology and psychology—one year of each is the minimum requirement. Courses in nutrition, hygiene (including child hygiene) and sanitation may be accepted as part of the biology requirement; courses in physics as part of the chemistry requirement; and courses in ethics, child-psychology or education as part of the psychology requirement.

Students entering with the nine months' credit for college work, attend all lectures and classes of the School. It may be necessary, however, to shorten some of the services in practical experience on the wards.

Religion

The School is non-sectarian and has no formal connection with any particular denomination. Students are encouraged



Main Foyer—Nurses' Home, Looking East



Post Office and Information Desk

to attend the churches with which they have been previously affiliated.

Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Fees, Deposits and Expenses

A registration and matriculation fee of fifty dollars is required of all students, payable previous to entrance. Checks should be made payable to The Mount Sinai Hospital School of Nursing.

A gymnasium fee of five dollars, payable on admission, is required of all students.

A deposit of one dollar and fifty cents is required of all students for keys furnished to them for room, wardrobe and post box. This deposit will be returned to the student when the keys are turned in again to the School of Nursing office.

Students living at any considerable distance from the School are required to deposit the amount of their return carfare upon arrival. This deposit is returned to the student at any time during the first year should she sever her connection with the School; otherwise it will be returned when she is granted her first year's vacation.

During the preliminary period the student is required to furnish her own uniforms. After the successful completion of this period the school uniform is furnished by the Hospital. Text books are provided without cost throughout the entire course. All such equipment remains the property of the School and is to be returned should a student leave the School.

Room, board and laundry are provided without cost throughout the course.

After the successful completion of the first year an allowance of eight dollars a month is made to each student. The Board of the School reserves the right at any time to reduce or eliminate this allowance should such a plan be considered desirable or necessary.

Residence

Student nurses reside in the Nurses' Pavilion which is a separate building connected with the Hospital by beautiful corridors, well heated and lighted. This is a very great advantage to the student especially in stormy weather. The home

is equipped with all the modern conveniences and comforts; has also a large special outdoor rest room furnished with steamer chairs and cots. The bedrooms are comfortable, well lighted, heated and ventilated. Every facility is provided for study, recreation and hygienic living.

How to Reach the School Residence

Applicants who wish to apply in person, but who may not be familiar with the city, can easily find their way to the Hospital by means of the surface cars or Fifth Avenue Bus Line or, if preferred, by taxi service which in New York City is considered both safe and reasonable in price.

All baggage should be plainly addressed with name in full, care of The Mount Sinai Hospital School of Nursing, No. 5 East 98th Street, New York City, and should be sent prepaid.

Hours of Duty

The student averages eight hours per day on the wards—fifty-two hours per week. Two half days each week are allowed off duty, one on a week day and one each Sunday.

Attendance at Classes

Attendance is required at all classes. Absences are permitted only in case of reported illness or absence from the School.

Examination

Examinations written, oral and practical, are held during and at the end of the course in each subject. The passing grade of the School is 75%, which is the same as the passing grade required by the Regents of the State Department of Education. Students who fail to maintain a general average of 80%, however, cannot be considered as meeting the required scholarship grade and may be requested to withdraw from the School.

Graduation

The diploma and pin of The Mount Sinai Hospital School of Nursing will be conferred upon those students who have satisfactorily completed the course in theory and in practice.



Open Roof

Registration

Graduates of The Mount Sinai Hospital School of Nursing who successfully pass the examination prescribed by the New York State Board of Regents are eligible for registration in the State of New York or in any other state recognizing the New York State standards. They are also eligible for membership in National, State, or District Nursing Organizations and for enrollment in the Red Cross Nursing Service.

Vacation

Four weeks vacation is allowed each student during the first year, and four weeks during the second year. These vacations are planned as nearly as possible to come between the first of May and the last of September.

Leave of Absence

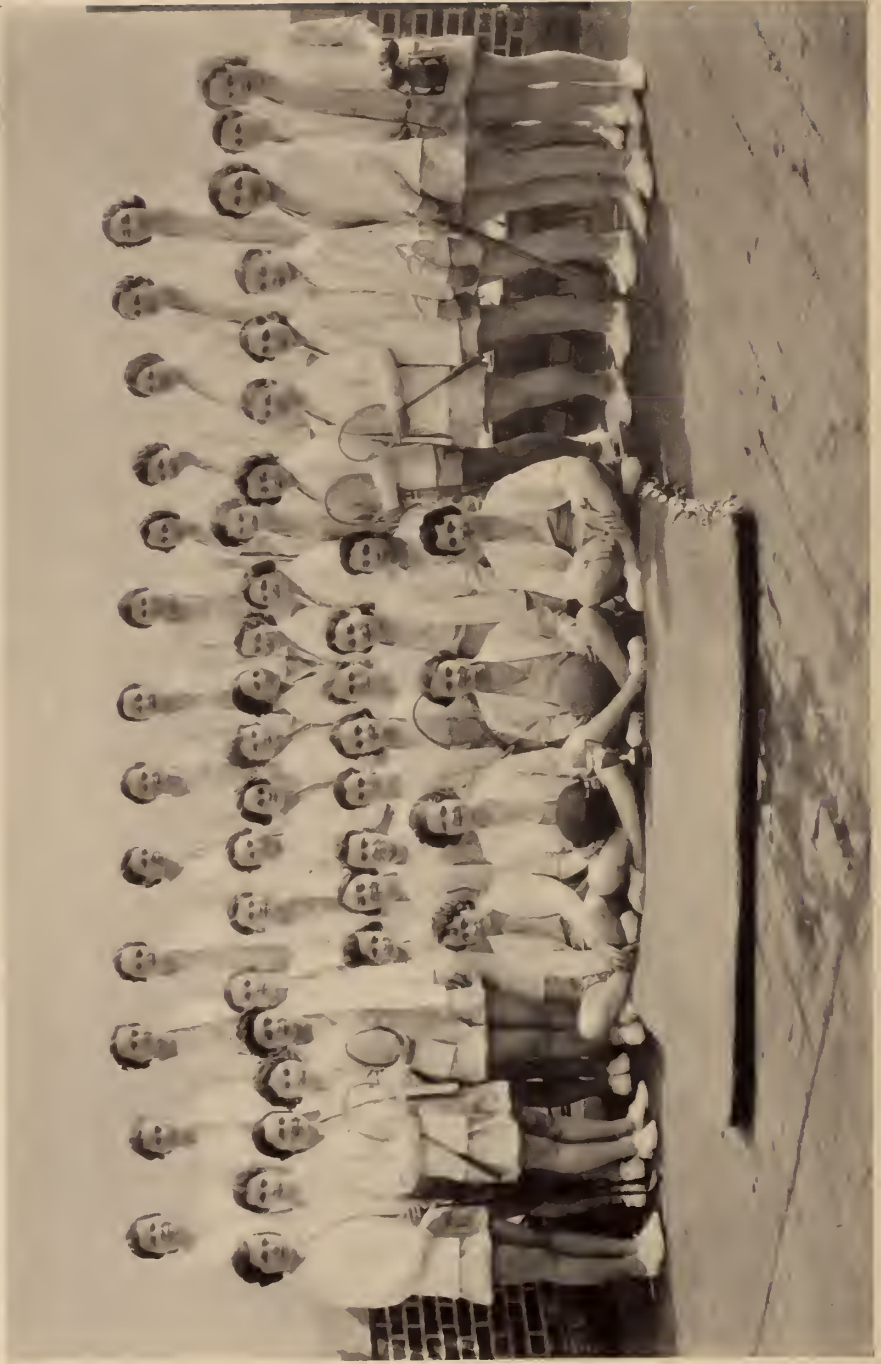
Absence from the School is allowed only in extreme cases, and for a limited time. Students will not be excused during the course to nurse relatives at home, or for other personal reasons. In the event a student is obliged to be away from the school for a period exceeding four weeks, the date of her return and her class standing at that time will be determined by the Principal of the School.

Dismissal of Students

The Director of the School and the Committee on Nursing and Instruction decide as to the student's fitness for continuing the course of training. They reserve the right at any time to terminate the student's connection with the School for inefficiency, misconduct, neglect of duty, or failure to develop qualities considered essential for the profession of nursing.

Registry

The Mount Sinai Hospital School of Nursing maintains its own registry for graduates of the School who desire to be enrolled for private duty nursing. In this way our graduates are facilitated in securing employment. Doctors, patrons, and friends of the hospital thus know where to apply for private duty nurses.



Gymnasium Class

HEALTH PROGRAM AND SERVICE

The health of the student nurses is one of the chief concerns of those in charge of the school. All prospective students must present a record of good health, and remediable physical defects must be corrected before admission.

Upon entrance students must present a dentist's certificate, and a certificate showing successful vaccination against smallpox within three years prior to entrance. A physical examination is given by the school physician when the applicant reports to start her nursing education. Physical defects of a serious character discovered at this time may necessitate the withdrawal of the student from the school; immunization treatments for protection against communicable diseases are given during the preliminary period.

The physician to the School, a member of the staff of the Hospital, with a member of the nursing faculty, cares for students who are ill during the period of residence in the School of Nursing. For illness of short duration the expense of the hospital and medical care is borne by the School. Time lost through illness or other cause is required to be made up.

The students' feet are examined by an orthopedic surgeon, who prescribes the type of shoes to be worn. Since this examination is made within a few days after the admission of students, candidates are advised to postpone buying shoes for use while on duty until after their arrival at the Hospital.

Special attention is paid to the matter of normal weight and a monthly weight record is kept of all students. Any deviation from normal weight is given careful consideration.

The School maintains a well-equipped infirmary for the exclusive care of its students. Generous provision has also been made for the care during illness of nurses who have graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the Hospital endowed for their use.

*Reporting
for Duty*



*Supervisor's
Sitting Room*

*Entrance
to School*



STUDENT ACTIVITIES AND SOCIAL ADVANTAGES

The School supports a complete department of physical education under a special director and assistants. Instruction in tennis, swimming, dancing, corrective gymnastics and games presents situations which aim to meet individual needs and interests for health, a worthy use of leisure time and better citizenship.

Under direction of this department and student leadership there is a Recreation Athletic Clubs Association, which includes a Glee Club, Drama Club, Literary Club and Outing Club, all offering opportunities for social enjoyment and improvement. A point system is used in recognition of cooperation, personality and success.

Realizing the value of relaxation and of recreative interest and thought, and that good spirits are as essential to success in nursing as in other lines of work and study, a special effort is made to encourage all wholesome diversions. A Trustee of the School has established "A Pleasure Fund" of ten thousand dollars, the income of which is used by the students for their entertainment. Dances are given during the winter to which the nurses have the privilege of inviting friends. The Commencement Exercises are followed by a reception and dance given in honor of the graduating class. Small affairs arranged by the students themselves are encouraged. Three pianos, radios, and Victrolas are furnished for the use of the nurses. Two tennis courts and a well-equipped gymnasium are also available.

A substantial vacation and recreation fund makes possible many unusual and interesting school features.

The Student Council consists of the officials of each class, together with six other representatives of the student body. Practically all the social activities of the Nurses' Home are in charge of this Council.

The City of New York offers many points of interest and instruction with a variety of opportunities for the enjoyment of art and music: students of the School are encouraged to use these opportunities for the cultivation of intellectual interests that will help make them not only good nurses but broader and more cultured women.



Large Lecture Room

Library Facilities

A well-stocked fiction library of over fifteen hundred volumes, together with a generous supply of current magazines and daily papers is open at all hours to the students of the school. The reference library has been placed on the educational floor for the convenience of instructors and students and contains over one thousand well-selected volumes.

Loan Fund

A generous student Loan Fund may be drawn upon by any nurse with a satisfactory school standing who may need financial assistance during her nursing course.

EDUCATIONAL FACILITIES AND CURRICULUM

Probably no school of nursing has more generous space set apart for educational purposes nor such commodious and favorably planned facilities as those available for our use.

The area of the principal classroom floor is 12,000 square feet. This is exclusive of the large assembly hall and of the classrooms of the Department of Domestic Science which are in the Hospital proper, adjoining Special Diet Kitchen. There are four general class or lecture rooms, the largest of which can seat 150 students. The Nursing Laboratory is of equal size and is beautifully equipped for teaching practical nursing to students, and the Science Laboratory is well equipped, spacious and airy. There are two studies; one for the younger and one for the older students, a well-stocked reference library, massage and bandage teaching classrooms and offices for the instructors.

The Domestic Science Department, also modern and well equipped, comprises a large science or cookery classroom, a general classroom, a diet kitchen and a dietitian's office.

The Educational Department is furnished throughout with the latest and most scientific equipment. Every opportunity and encouragement is given the student nurse to prepare herself in a thoroughly scientific manner to be a worthy representative of the nursing profession.

It is of the greatest importance to every school of nursing that the hospital with which it is associated shall be in a position to afford the fullest opportunity for comprehensive and



Reference Library

thorough nursing education. The Mount Sinai Hospital with its 800 beds offers exceptional advantages in every respect to its students. Nurses who enroll for training are assured of excellent and varied clinical experience in medicine, surgery, pediatrics, gynecology and neurology—in addition to the Out-Patient Department and other special services. By arrangement with the Trustees of the Sloane Hospital for Women, one of the units of the Columbia-Presbyterian Hospital Medical Center, each student nurse receives theoretical and practical experience in obstetrics and is awarded a certificate at the end of her three months' course. Through affiliation the opportunity is afforded for elective service in special mental nursing at Bloomingdale Hospital and in district nursing at the Henry Street Settlement. Elective courses are also given in the Social Service Department and by special arrangement in other Hospital departments.

CLINICAL INSTRUCTION IN THREE-YEAR COURSE

Preliminary Period

The first four months of training constitute the preparatory course. During this time students are given instruction in the elementary practical nursing procedures, together with courses in theory, planned to cover the sciences necessary to proper understanding of elementary nursing.

Junior Term

At the beginning of the Junior term, students are placed on service in the wards of the Hospital in order that they may practice the procedures taught and obtain skill in giving actual nursing care. Recitations, lectures and demonstrations are continued in the classroom, subjects being selected in the order in which they will prove most helpful in connection with the ward experience.

Second Year

During this period, class instruction is also given but is diminished in amount in order that the student may have time for more highly specialized nursing service. At this time experience is given in the Out-Patient Department, Private Pavilion, Diet Kitchen, and in Obstetrical nursing.



Science Laboratory

SCHOOL OF NURSING

Third Year

During the third year, the student is given more responsibility in the care of patients and is given opportunity to exercise executive ability. Lectures and class work are planned, not only to assist the student with her work during the last year but also to aid her in her professional relations after graduation. During this year, opportunities for elective work are offered in district nursing, social service, communicable disease, and mental nursing, as well as in ward management, operating room technique, and other nursing specialties.

FIRST YEAR

GENERAL DESCRIPTION OF THE COURSE OF INSTRUCTION

SUBJECTS	HOURS
Anatomy and Physiology	105
Bacteriology	30
Chemistry	45
Principles and Practice of Elementary Nursing.....	130
Ethics	16
Bandaging	15
Physical Education	30
Personal Hygiene	16
Drugs and Solutions	25
Principles and Practice of Advanced Nursing	60
Elementary Materia Medica	35
*History of Nursing	16
Nutrition and Cookery	45
*Dietotherapy	24
Massage	12
*Medical Nursing	60
*Surgical Nursing	65
*Gynecological Nursing	15
Elementary Pathology	15
Psychology	16
	775

* The class is divided into two groups for the study of these subjects, which are given to one group in the last term of the first year and to the other group in the first term of the second year.



Dormitory Kitchenette

SCHOOL OF NURSING

SECOND YEAR

SUBJECTS	HOURS
*Obstetrical Nursing	55
Nursing in Communicable Diseases	18
*Operating Room Technique	45
Nursing in Diseases of the Eye, Ear, Nose and Throat	12
Pediatric Nursing	40
Psychiatric Nursing	22
Dermatology and Syphilology	18
Community Hygiene and Public Health	15
Case Studies	15
	<hr/> 240

* Subjects given to one group in each class in third year.

THIRD YEAR

Professional Problems	15
Modern Social Service and Public Health Conferences	15
Current Trends in Principles and Practice of Nursing	25
Senior Review	25
	<hr/> 80

Total Hours	<hr/> 1,095
-------------	-------------

SUMMARY

	THEORY	LABORATORY	PRACTICE	TOTAL
Preliminary	162	213		
First Year	197	203	1686	2461
Second Year	177	63	2496	2736
Third Year	59	21	2704	2784
	<hr/>	<hr/>	<hr/>	<hr/>
Total	595	500	6886	7981

The figures as given above do not include hours of instruction spent in connection with special electives. These are as follows:

Willard Parker Hospital	65 hours
Bloomington Hospital	113 hours
Henry Street Settlement	64 hours
Social Service—Mount Sinai Hospital	20 hours



Nursing Laboratory

Anatomy and Physiology

This course is designed to give a practical working knowledge of the structure and function of the human body and its relationship to the principles of hygiene, dietetics, chemistry and nursing. Free use is made of microscopes, slides, black-board drawings, charts, preserved specimens, skeleton, manikin, etc. Fresh animal specimens are used for dissection.

Lectures, recitations and laboratory:

Preliminary term	75 Hours
Junior term	30 Hours

Bacteriology

A study of the fundamentals of bacteriology with special emphasis on sources and modes of infection, theories of immunity, pathogenic organisms, means of diagnosis and methods of prevention of disease.

Lectures and laboratory demonstrations	30 Hours
--	----------

Chemistry

A study of the fundamental principals of organic and inorganic chemistry for the better understanding of its relationship to physiology, nutrition and other subjects. An effort is made to stress the place of chemistry in every-day life and to apply its principles to nursing and hospital problems.

Lectures and laboratory demonstrations	45 Hours
--	----------

Principles and Practice of Nursing

This course is intended to develop in the student a sound knowledge of the fundamental principles underlying all nursing procedure, to stimulate a sympathetic interest in the patient, to develop manual dexterity, and to establish a uniform finished and intelligent ability to deal with all nursing duties or problems.

Instruction in the principles and practice of nursing begins in the preliminary course and extends in various forms both in the classroom and in carefully supervised practice on the wards throughout the entire three years.

Lectures, classes, laboratory and ward demonstrations,

190 Hours



Roof of Children's Building

Nursing Ethics

An introduction to the principles underlying professional conduct. The object of the course is to enable the student to better realize her obligations to her associates, patients, physicians, to the School and to the community which she will serve.

Lectures and class discussions 16 Hours

Bandaging

This course presents the fundamental principles of good bandaging, materials used, methods of making and of application, care, use, etc. Also the application of splints, treatment of hemorrhage and emergency care of wounds.

Lectures, demonstrations and practice classes 15 Hours

Physical Education

The aim of this course is to provide opportunities in physical education activities to meet individual needs and interests. The course includes gymnastics, dancing, corrective gymnastics, and swimming. Special emphasis is given to corrective gymnastics through laboratory study of faulty posture, lateral deviations of the spine and weak feet, with discussion of their etiology and adaptation of exercise as means of prevention and correction.

Lecture and laboratory demonstrations 15 Hours

Personal Hygiene

This course provides educational information which will aid in the establishment of health habits. It stresses factors of importance in maintaining the proper functioning of the digestive, circulatory, respiratory and nervous systems, and endeavors to awaken a consciousness of individual responsibility to the meaning of hygiene in our effort for improvement in the quality of human life.

Lectures and demonstrations 16 Hours



A Lesson in Bed-making

Drugs and Solutions

The study of drugs and solutions is intended to familiarize the student with the appearance and use of drugs and solutions which she may be called upon to handle in her preliminary and junior work: to teach her common terms and symbols: to make her conversant with the correct preparation and use of stock solutions commonly found on wards. This study serves as a basis for the course in *Materia Medica*.

Lectures, laboratory demonstrations and practice
classes 25 Hours.

Materia Medica

The study of drugs from the standpoint of their therapeutic action, emphasizing the accurate and intelligent administration of medicine, the observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about the therapeutic action of drugs to enable her to cooperate intelligently with the physician in securing desired results and to familiarize her with toxic drugs and doses.

Lectures and laboratory.....30 Hours.

History of Nursing

A survey of the history of the nursing profession, tracing its development from the early beginnings to the present, and its progress under religious, military and secular influences. It is designed to place before the student a helpful inspiration by making her familiar with the professional leaders' traditions and ideals.

Lectures, recitations and collateral reading16 Hours.

Nutrition and Cookery

In the preliminary period, a course in dietetics includes food principles, food composition and food values. The principles of cooking and the application of these to the promotion of health and the treatment of disease are stressed.

Lectures, demonstrations and practice classes.....45 Hours.



Linen Room—Section of Nursing Laboratory

Dietotherapy

A study of the relationship of diet to disease, emphasizing the therapeutic value of food in its treatment.

Lectures and practice classes. Junior period 24 Hours

Massage

This course gives attention to the form of treatment involving muscular manipulation of the body for general and local effects and teaches the nurse to perform easily and intelligently such massage as is necessarily a part of her nursing duty.

Lectures, demonstrations and practice classes..... 12 Hours

Medical Nursing

The object of this course is to give a practical understanding of the causes, symptoms, preventive and curative treatment of the commoner medical diseases. Medical emergencies are also considered.

Lectures, demonstrations and ward clinics 60 Hours

Surgical Nursing

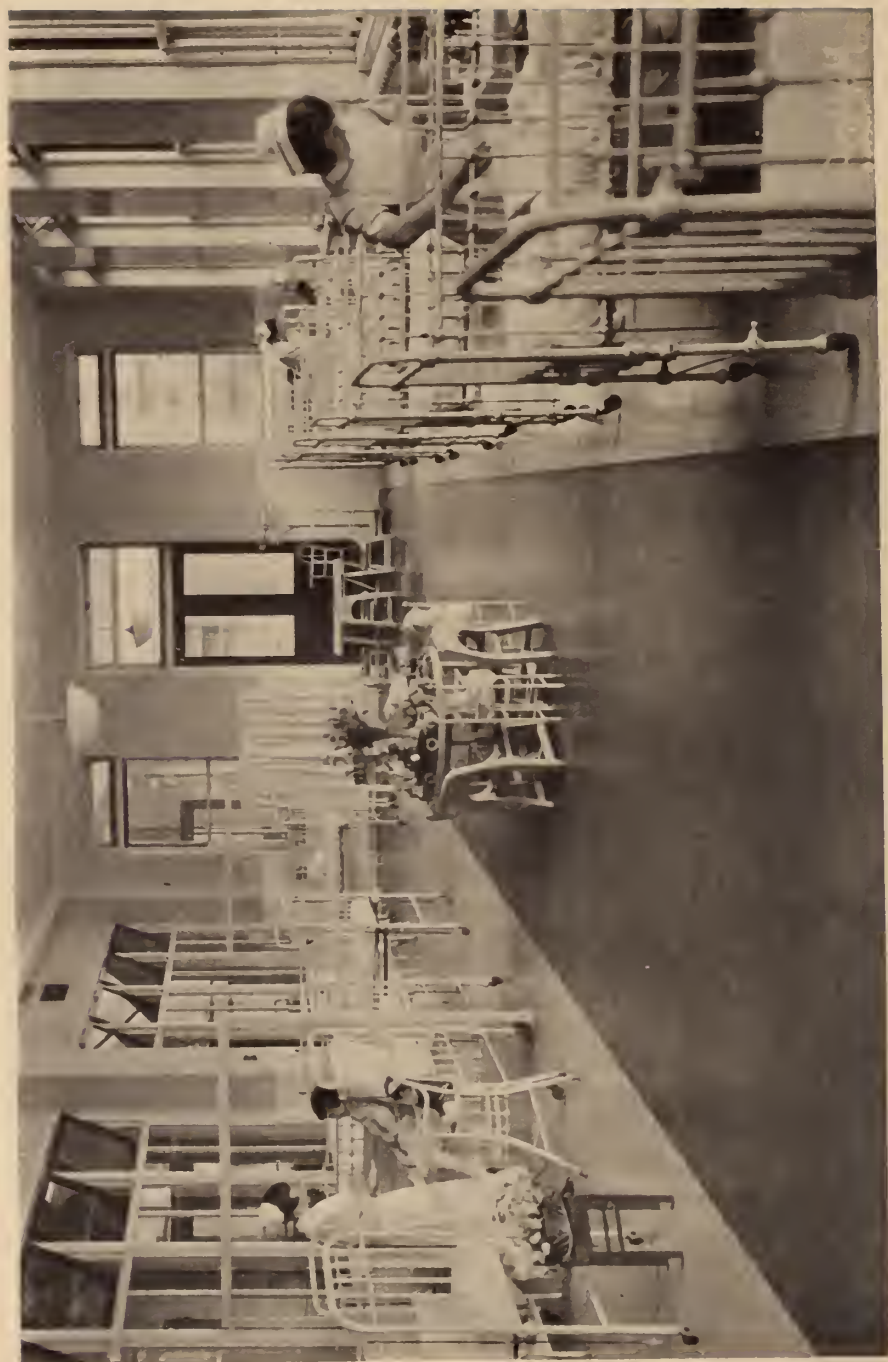
This course gives a general idea of the principal surgical diseases, their symptoms and treatment. It is intended to develop skill in elementary surgical procedures and to establish a thorough understanding of the principles of surgical technique. The course deals with the pathology of surgical disease, the principles of asepsis and antisepsis, inflammation, wounds, fractures, common operations, and the surgical nursing care of the patient before and after operation.

Lectures, demonstrations and ward clinics..... 65 Hours

Gynecological Nursing

Lectures deal with anatomy and physiology of female reproductive organs in relation to physiological disturbances and the prevention of malconditions. Discussions consider symptoms, treatment, and nursing care of gynecological conditions.

Lectures and demonstrations..... 15 Hours



A Children's Ward

Elementary Pathology

This course considers the changes which are produced in the various tissues of the body as the result of disease. Diagnostic measures most frequently in use are discussed so that the student may better understand the manner of treatment in such cases.

Lectures and laboratory demonstrations.....15 Hours

Psychology

This course outlines the fundamental principles underlying human behavior. It helps the student to analyze her own motives for action, to develop intelligent self-control, to adjust normally to new environments, to interpret conduct with sympathetic understanding and to deal wisely with patients and co-workers.

Lectures and conferences.....16 Hours

Obstetrical Nursing

The course of instruction deals with normal and pathological pregnancy, the management of labor and the care of mother and child during puerperium. It prepares the student to advise and instruct mothers in the care of their own health both before and after childbirth, and in the conditions necessary for the rearing of healthy children. The training is given in Sloane Hospital for Women.

Lectures and clinics by obstetrician.

Classes and demonstrations in maternity wards.

Delivery rooms and nurseries.....55 Hours

Nursing in Communicable Diseases

This course presents the special symptomatology and pathology of communicable diseases. It stresses the importance both of early recognition of symptoms and of preventive treatment. Methods of nursing and isolation technique are included.

Lectures and demonstrations.....18 Hours

Operating Room Technique

This course provides a good scientific basis for surgical and operative procedures. It teaches the student the use of operating room equipment, preparation and care of suture material, instruments, dressings, drums, etc., and prepares her by special individual instruction to assist the surgeon at operations, passing instruments, sutures, etc.

Lectures, clinics and demonstrations 45 Hours

Nursing in Diseases of Eye, Ear, Nose and Throat

Lectures include the anatomy and physiology of eye, ear, nose and throat, and the nursing care and treatment of these organs when diseased.

Lectures and demonstrations 12 Hours

Pediatrics and Nursing of Infants and Children

This course considers the physical and mental development of normal children, the principal diseases which affect them, and the application of proper nursing methods to sick infants or children. It gives sound and thorough instruction in the preparation of infant feeding and the proper diet for sick children; it presents the basic principles for future work in connection with the nursing care of children outside of the hospital, in milk-stations, welfare departments, schools, etc. and secures the interest and cooperation of the nurses in the conservation of child life.

Nursing of children, laboratory periods 20 Hours

Lectures 20 Hours

Psychiatric Nursing

This course deals with the relationship between mental and physical illness, and presents underlying causes of mental disease and disturbances. It emphasizes to the student the importance of keen observation of symptoms through the behavior of patients so that early signs of mental disturbance may be recognized.

Lectures, clinics and demonstrations 22 Hours

Dermatology and Syphilology

Lecturers discuss the causes and treatment of the more common diseases of the skin, emphasizing their social significance.

Lectures, clinics and demonstrations 18 Hours

Community Hygiene and Public Health

Discussion of conditions necessary to health, (water supply, air and ventilation, disposal of wastes, protection of food supplies, etc.) gives the student knowledge of protection and prevention so that she will realize her responsibility in the education of the public in methods of right living.

Lectures 15 Hours

Case Studies

A study of the patient as a whole, considering family, environment and physical condition resulting from social or medical factors, enables the student to understand the general plan, purpose and effectiveness of the treatment outlined by doctor.

Lectures and conferences with doctor and social
worker 15 Hours

Professional Problems

The aim of this course is to develop in the student a sense of responsibility and a keen appreciation of what constitutes professional action in its finest sense. A survey of the varied branches of nursing serves to broaden the student's viewpoint as to the scope and variety of the nursing profession.

Lectures, field trips 15 Hours

Modern Social Service and Public Health Conferences

Special lecturers discuss organizations for relief and care of dependents, housing and service agencies, poverty, racial characteristics, sanitation, and other sociological problems.

Each student has the opportunity of making a visit with a Social Service worker to observe home conditions and also obtains personal experience in Public Health work in special departments of the hospital or in affiliated agencies.

Lectures and conferences 15 Hours

Current Trends in Principles and Practice of Nursing

The aim of this course is to acquaint the student with recently introduced methods in the practice of nursing.

Lectures and demonstrations.....25 Hours

Senior Review

Special classes in review work for seniors are held three times a year by various lecturers and instructors of the school.

Lectures and laboratory demonstrations.....25 Hours

CLINICAL EXPERIENCE AND INSTRUCTION

In planning the course of actual nursing practice for the student it is recognized as an important factor that experience in general medical and surgical nursing should precede experience in special branches calling for a higher degree of skill and adaptability. The student demonstrates her fitness for advancement in such work by the deftness, self-reliance and resourcefulness she displays and by her ability to apply her theory and adapt herself to the various and ever changing nursing needs of the Hospital. In the performance of such duties, a sound knowledge together with high ethical standards are essential if the student is to make successful daily contacts.

Medical Nursing

Opportunity for valuable and extensive nursing experience is afforded in the various medical departments of the Hospital. Not only does the student become thoroughly familiar with the more common forms of medical and infectious diseases but she also has contact with all the newer and more scientific aspects of such nursing with the opportunity for observation and study of highly specialized medical work. Supervised practice on medical wards, approximately five months.

Surgical Nursing

This practice is given in the surgical departments of the hospital. The general surgical wards provide a wonderful

field for experience in every branch of surgical work. Nurses are taught the care of pre-operative and post-operative cases, the care of wounds and fractures, the preparation and care of examining rooms, dressing-carriages, trays, infusion stands, and many other surgical procedures. Supervised practice on surgical wards, approximately five months.

Gynecological Nursing

Nursing experience of great value is obtained in the gynecological departments of the hospital. From six weeks to two months' time is spent in this service.

Operating Room

Each student has at least two months' actual experience in operating room work. A special full-time instructor of nurses employed for that purpose gives daily clinics to students in every branch of operating room procedure from the preparation and care of operating rooms, surgical dressing, gloves, etc., to the work of actually assisting at operations.

Nursing in Diseases of Infants and Children

This course covers the nursing care of infants and of children up to the age of twelve years. It includes both medical and surgical service. Opportunity is also given for experience in the preparation of infants' feeding. Three months' time is devoted to this work.

Obstetrical Nursing

This course is given in Sloane Hospital for Women of New York City, with which this School has an affiliation. The student resides during this period at the affiliating school, and has a three months' intensive course of training which includes instruction in both theory and practice in this subject. In addition to the nursing experience with mothers and infants the nurses have, under-graduate supervisors, the actual responsibility of delivery and operating rooms. Nurses are also taught the preparation, cost, and care of necessary supplies for pregnancy.

Special Opportunities or Electives

Opportunity for practical nursing experience in special diseases such as eye, ear, nose, throat, skin, physical therapy, etc., is afforded in the special departments of the Hospital and dispensary. This is a great advantage to nurses who are planning for school nursing or other public health work. Elective courses are arranged for nurses especially interested in such work or in hospital social service work. The school has also affiliations with the Henry Street Settlement, with Willard Parker Hospital and with the Bloomingdale Hospital for a limited number of students who desire to select electives along special lines.

ADVANTAGES PECULIAR TO THE PROFESSION OF NURSING

Nursing is the best possible preparation for woman's special sphere, homemaking and motherhood. The nurse is sure of expert care if she is ill during the period of training. She can practice her profession in almost any part of the world. It is the least expensive of professional courses.

In order to become a successful nurse one needs an alert and understanding mind, good health, good disposition, a good education, a genuine interest in human and social problems and the desire to make one's life count for something worth while.

In no other line of work for women in the world is there greater variety of opportunity from which to choose. The choice lies mainly in three great fields, each with its peculiar attractions and possibilities, namely:

Executive nursing work in hospitals, schools of nursing or similar organizations.

Public health nursing.

Private duty nursing.

Probably the best known of these three types of nursing is that of bedside or private duty nursing in which the nurse works in the home or hospital, devoting her time and effort to the care of individual patients. The demand for such work is constant and affords opportunity for many pleasant social and professional contacts, but it must be remembered that this form of nursing unlike other branches of nursing work does not usually offer opportunity for advancement as the years go by.

SCHOOL OF NURSING

To the graduate registered nurse having exceptional ability and willing to continue her education, broad and interesting opportunities are presented in the field of executive work, some of which are enumerated:

- Dean or Principal of Schools of Nursing.
- Educational Director.
- Superintendent of Hospitals.
- Supervisor of Special Departments.
- Head Nurse of Special Departments.
- Instructor in Sciences in Schools of Nursing.
- Instructor in Nursing Procedures in School of Nursing.
- Social Service Worker.
- Social Director in Schools of Nursing.

Among attractive Public Health opportunities are:

- Settlement or District Nursing.
- Infant and Children's Welfare Work.
- Industrial Nursing.
- Rural or Community Nursing.

Among the attractive special fields of nursing activity are:

- Red Cross—Army and Navy Nursing.
- Missionary Nursing.
- Resident Nurse—School or College.
- State and Municipal Health Department Nursing.
- Registrar of Nurses' Official Registry.

ALUMNAE ASSOCIATION

The Mount Sinai Hospital Alumnae Association was organized in 1893. It has a two-fold object: to hold together the graduate body and to care for its members when ill.

After twenty-five years of successful existence the Association has a membership of over seven hundred. Meetings are held monthly during nine months of the year in the Nurses' Home.

The Association is affiliated with the County and State organizations as well as with the American Nurses' Association.

Through the generosity of Mr. Max Nathan, a comfortable room known as the "Alumnae Room" has been endowed in the hospital where nurses may have the advantage of skilled medical and nursing care.

Provision for old age is another problem which has received attention. With the assistance and advice of the Directors of

the School of Nursing a Pension Fund, which now amounts to approximately \$200,000, has been established. The income is applied to the payment of pensions to those who are eligible.

The Association publishes a monthly bulletin containing the minutes of each meeting, items of interest to the graduates and special medical and surgical articles.

It is the aim of the Association to interest the pupil nurse in Alumnae affairs from the beginning of her course of training to the time of her graduation. The members realize that only in this way can its ranks be strengthened and the scope of its work broadened.

The Mount Sinai Hospital School of Nursing numbers over two thousand graduates.

45 per cent of the total number are married and do not practice.

30 per cent are practicing Private Duty (6 per cent of whom are married.)

8 per cent are engaged in Public Health fields.

9 per cent are holding institutional positions.

3 per cent, address and type of work unknown.

5 per cent deceased.

SPECIAL ADVICE TO CANDIDATES

Candidates should select most carefully the school in which they desire to study. They should always seek to enter the best school to which their qualifications entitle them.

The best schools are those that offer the greatest opportunity for clinical experience and adequate preparation for more than one branch of nursing. In such schools are found the best prepared teachers, reasonable working hours for students, good living conditions, and a well organized health program.

Poor schools are those that exploit the pupils in order to obtain for themselves cheap nursing service; that offer inadequate educational opportunities; that fail to meet registration requirements or standards that are recognized by the Red Cross, Army and Navy Bureaus.

In a state or country where nurses are registered it is important for the candidate to select a school approved by the State Board of Nurse Examiners; otherwise it would be very difficult to obtain professional recognition.

Candidates applying for admission to the school must be prepared to take an aptitude test, which is a factor in determining each candidate's suitability for nursing. Selection of students for the classes is made after the results of the tests have been received.

The fee for this test is \$5.00.

